



Wednesday, June 3rd , 2026 – Main Meet

Tuesday June 2nd – High Jump Carnival

The Royal City Athletics Club will be a part of the National Track and Field Tour by hosting an athletics competition in the lead up to the Canadian Championships in Ottawa. Events will be limited to a High Performance (HP) schedule of events in the evening and invitational OPEN sections during the pre-meet. The HP events have been designated a NACAC Permit Meet, meaning it is classified as a 'C' Meet for World Rankings and World Athletics qualifying purposes – one of only a handful with that designation in Canada. Our mission is to provide an opportunity for athletes looking to qualify for international championships a chance to compete against world-class talent, in hopes of accumulating World Athletics qualifying points and prize money.

- FACILITY:** Alumni Stadium is located on the campus of the University of Guelph.
- LOCATION:** Alumni Stadium, 26 Powerhouse lane, Guelph, Ontario N1G 2W1
<https://www.uoguelph.ca/maps/locations/alumni-stadium>
- ENTRY FEE:** \$45.00 for all entries via the Trackie registration link that will be emailed to the invited athletes
- ENTRY DEADLINE:** CLOSED
- MEET ENTRY:** Athletes will be invited via email with a link to the registration site for the main card, and the undercard will be posted to the public
- ELIGIBILITY:** Must be registered with Athletics Canada or an NSO in good standing.
- ACCOMMODATIONS:** The official hotel partner of the Inferno is the Fairfield Inn Guelph.



FINAL SCHEDULE: The Final schedule will be released to entrants and the public approximately 2-3 days in advance of the meeting. If there are insufficient entries, events will be removed from the schedule. Events cancelled will have entries refunded.

CHECK-IN/WARMUP: Athlete Check-in will be done at a tent outside the Gryphon Fieldhouse. Warm-up for athletes will have access to the turf and track of the Fieldhouse. Field Event athletes will be taken to the event site for full warmup onsite. All other track events will warm up in the Gryphon Fieldhouse.

CONTACT: All inquiries are to be directed towards the meet director, Paul Galas (royalcityathletics@gmail.com)

ROYAL CITY INFERNO TRACK & FIELD FESTIVAL	
EVENTS	
MEN	WOMEN
100m	200m
400m	400m
800m	800m
1500m	1500m
110m Hurdles	100m Hurdles
400m Hurdles	400m Hurdles
	Pole Vault
	100m
High jump	Shot Put
RW 10,000m CDN Champs	RW 10,000m CDN Champs
10,000m CDN Champs	10,000m CDN Champs
	High Jump

OPEN SECTION (PRE MEET) EVENTS:

M100, W100, M200, W200, M110H, M400H, W400H, M800, W800, M1500, W1500, HT, DT

HIGH PERFORMANCE:

The Royal City Inferno Track & Field Festival has received an Area Permit and a World Athletics 'C' Classification.



PACE SETTERS:

We are looking for pace setters in the following HP events (Men & Women 800m & 1500m). The goal pace for these events will be Canadian Championships standard or faster. HP pace setters will be compensated for their duties.

Prize Money & Tickets:

Details on: <https://www.royalcityathleticsclub.org/rcinferno>

Meet Support:

This meet is supported by the Financial Contributions from the Province of Ontario and local business sponsors.



CALL ROOM PROCESS/ SHOES:

Included in the Appendix (below).

SCHEDULE FOR CALL ROOM WILL BE DETERMINED SHORTLY AND SENT WITH FINAL DETAILS

Shoes must be in accordance with WA rules and can be found at this link.

<https://certcheck.worldathletics.org/FullList> Spike length of 7mm for track events and 9mm HJ

PRELIMS, SECTIONS AND FINALS:

We will follow WA rules based on the number of prelims and finals set for the meet.

TENTATIVE SCHEDULE					
Pre Meet		Track Events (C-Ranking)		High Jump Carnival	TUESDAY
		Men's 400mH	6:30 PM	Women's High Jump	6:30 PM
Canada RW Champs	2:15 PM	Women's 400mH	6:40 PM	St Brigid's Creamery Men's HJ	7:30 PM
Men 800m	4:00 PM	Fairfield Inn Women's 400m	6:50 PM		
Women 800m	4:20 PM	Men's 400m	6:55 PM		
Men 100m	4:50 PM	Crowd Engagement	7:05 PM	Field Events (C-Ranking)	Wednesday
Women 100m	5:00 PM	Women 100m FINAL	7:15 PM	Danby Women's Pole Vault	6:30 PM
Men 1500m	5:15 PM	Men 100m HEATS	7:20 PM	Women's Shot Put	6:30 PM
Women 1500m	5:35 PM	Women 100mH Heats	7:30 PM	*Throws @ Guelph	
Men 200m	5:55 PM	Men 110mH FINAL	7:40 PM	Women's Long Jump	7:00 PM
Women 200m	6:10 PM	Guelph Victors Women's 1500m	7:50 PM		
Men 400mH	6:25 PM	Danby Men's 1500m	7:55 PM		
Women 400mH	6:35 PM	Embree Thomas Women's 800m	8:00 PM		
		Men's 800m	8:10 PM		
		Athletics Canada Women's 200m	8:25 PM		
		Runningworks New Balance Men's 100m FINAL	8:35 PM		
		Women's 100mH Final	8:45 PM		
		Women's 10,000m CDN Champs	8:55 PM		
		Men's 10,000m CDN Champs	9:30 PM		



Overview of facilities





Meet Dave Korell at Fieldhouse Entrance for Bib and pins at least 90 min prior to event



Warm up at indoor track and report to **CALL ROOM** when called called on



Compete at your event



Return back to entry of FieldHouse to claim prize



MAIN CARD CALL ROOM

CALL ROOM SCHEDULE:

All athletes will report to the Call Room in the Field House NO LATER THAN the OPEN time indicated on the schedule below.

Athletes who do not report to the call room will not be allowed to compete.

All athletes must have their bib and competition shoes with them when entering the call room.

EVENT	CATEGORY		Open	Close	Leave	Event Time	Entries/heats
RACEWALK	MW	Final		<i>Check in @ Finish Line</i>		2:15:00	MIXED FIELD
POLE VAULT	W	Final		<i>Check in @ Event Site</i>		6:30:00	
SHOT PUT	W	Final		<i>Check in @ Event Site</i>		6:30:00	
LONG JUMP	W	Final		<i>Check in @ Event Site</i>		7:00:00	
400mH	Men	FINAL	6:10	6:15	6:20	6:30:00	BOTH OPEN & ELITE
400mH	W	FINAL	6:20	6:25	6:30	6:40:00	BOTH OPEN & ELITE
400m	W	Final	6:30	6:35	6:40	6:50:00	
400m	Men	Final	6:35	6:40	6:45	6:55:00	2 sections - sent out at the same time
Crowd Engagement Break							
100m	W	FINAL	7:00	7:05	7:10	7:15:00	
100m	Men	Heats	7:00	7:05	7:10	7:20:00	3 Heats - send at the same time
100mH	W	Heats	7:10	7:15	7:20	7:30:00	3 heats - send at the same time
110mH	Men	Final	7:20	7:25	7:30	7:45:00	BOTH OPEN & ELITE
1500m	W	Final	7:30	7:35	7:40	7:50:00	Send M+W at the same time
1500m	Men	Final	7:30	7:35	7:40	7:55:00	
800m	W	Final	7:40	7:45	7:50	8:00:00	2 sections - sent out at the same time
800m	Men	Final	7:50	7:55	8:00	8:10:00	2 sections - sent out at the same time
200m	W	Final	8:05	8:10	8:15	8:25:00	
100m	Men	Final	8:15	8:20	8:25	8:35:00	
100mH	W	Final	8:25	8:30	8:35	8:45:00	
10,000m	W	CDN Champs	8:40	8:45	8:50	8:55:00	
10,000m	Men	CDN Champs	9:10	9:15	9:20	9:30:00	

UNDERCARD CALL ROOM

CALL ROOM SCHEDULE:

All athletes will report to the Call Room in the Field House NO LATER THAN the OPEN time indicated on the schedule below.

Athletes who do not report to the call room will not be allowed to compete.

All athletes must have their bib and competition shoes with them when entering the call room.

Event Time	EVENT	CATEGORY			REPORT TIME			
2:15PM	RW	Mixed			Check in @ Finsih Line			
Event Time	EVENT	CATEGORY		Sections	CALL ROOM	LEAVE TO TRACK	Event Time	
4:00PM	800	Men	Fast to slow	3	3:45	3:55	4:00PM	
4:10PM	800	W	Fast to slow	2	3:55	4:00	4:10PM	
4:30PM	100	Men	Fast to slow	4 or 5	4:00	4:10	4:30PM	
4:50PM	100	W	Fast to slow	2	4:35	4:40	4:50PM	
5:00PM	1500	Men	Fast to slow	4 or 5	4:45	4:50	5:00PM	
5:30PM	1500	W	Fast to slow	1	5:15	5:20	5:30PM	
5:45PM	200	Men	Fast to slow	6 or 7	5:30	5:35	5:45PM	
6:10PM	200	W	Fast to slow	4	5:55	6:00	6:10PM	

6:25PM	400mH	M	1 section	*See Main Card
6:35PM	400mH	W	1 section	
7:40PM	110mH	M	1 section	