



## ENDURANCE- JR DEVELOPMENT DIVISION

**ABOUT-** This group of the club is meant to service the community members aged 14-18+ years old. Members of this training group will be in high school and will be looking to focus more on a specific event group (endurance). This session runs from January 3<sup>rd</sup>- March 10<sup>th</sup> indoor. A brief break in March and we will resume late March-July, 2022 outdoor.

**LEAD COACH-** The group will be coached by **Phil Martin**. Phil has coached junior endurance groups in the area since 2012, becoming a lead coach in 2020. He has been fortunate to witness many athletes progress to successful varsity teams and even represent their country on the world stage. He is proud to continue to help all athletes grow and develop into the best versions of themselves. Phil is also active as an Athletics Canada technical official with experience at national and international level competitions.

**SCHEDULE-** The JR endurance group will meet **Mon/Wed/ Fri or Sat** at **6:00pm** & TBD start times in front of the Gryphon Fieldhouse on the campus of the University of Guelph and surrounding area.

## REGISTRATION FEES

**CLUB FEE-** **\$600 +HST** & small processing fee

**Breakdown of fee:**

- Mostly contributes to facility rental at the Fieldhouse, Alumni Stadium & St. James Track
- Used towards coaching time, programming & coaching education
- Includes entry fee to AO Provincial Championship Meets and AC National Meets
- Includes administrative support from club staff
- Plans to support athlete development across club and bring in more resources

**ATHLETICS ONTARIO FEE-** There will be an Athletics Ontario fee added on to registration at checkout. The Athletics Ontario fee is mandatory for insurance reasons. Each member will only need to pay this fee one time in a calendar year and it is prorated as the year goes on. We do not keep any of this money and it goes directly to the governing body. The amount charged will range depending on how old the athlete is.